

Effective Weight Loss & Overall Health Starts with Internal Cleansing

Many experts claim that the bowel is the hub of the human body. It is a build up of toxins in the bowel that is a precursor to various types of degenerative disease. **Dr. Bernard Jensen**, nutritionist, lecturer and author of over 30 books on natural health cure states:

"Every tissue in the body is fed by the bloodstream, which is supplied by the bowel. When the bowel is dirty, the blood is dirty and so are the organs and tissues. It is the bowel that must be cared for first before any healing can take place."

Some members of the medical profession have disputed this line of thinking, yet the amazing facts supporting these ideas are undeniable. Proper bowel function entails 2 to 3 good bowel movements per day. Most people are not aware of this.

Faulty digestion and elimination develop in an individual through years of improper life-styles and dietary habits. Most people do not eat properly or exercise regularly, so their eliminative processes don't function the way they should. Think of all the toxins we take in everyday. **Industry and transportation systems are pouring more than 70,000 toxins into the air we breath and the water we drink!** These toxic substances include lead, mercury, cadium, PCB, and acrylic nitrile. **Many of these have been linked to cancer and other degenerative diseases.**

Even if we eat "right" we still are bombarding our systems with toxic substances. Fresh fruits and vegetables have been sprayed with insecticides, which can not be washed away easily. Live stock have been fed harmful hormones and antibiotics. In order to truly eat "right", we would have to grow our own fruits and vegetables and raise our own livestock many miles away from polluted land, rivers and streams.

So it's important to protect our health by **not allowing these toxins to sit in our colon and putrefy**. If we do, we are slowly poisoning our body. When we are not eliminating properly, wastes may not be expelled for days, weeks, months, and years. **Toxins back up in the colon, which can cause autointoxication, or self-poisoning.** This occurs when the bowel walls become encrusted with uneliminated fecal matter. This in turn hampers the absorption of vital nutrients! **So now, blood capillaries lining the bowel are absorbing the rotting fecal matter in place of life giving vitamins and minerals.** This inhibits our body's ability to feed and repair itself properly!

These poisons eventually **seep into every cell of the body, setting the stage for disease.** This autointoxication lowers our overall feeling of health and vitality. We start to blame other factors such as aging on why we have no energy or zest for life.

The fact is that age has nothing to do with lack of energy and less than optimum health. 90% of the time, these complaints can be alleviated through internal cleansing. **Mega-Cleanse contains 30 herbs and super foods, which heal and cleanse the kidneys, liver, blood, lymphatic system and the colon.*** Also 9 of the herbs stabilize blood sugar levels so you're not as hungry, aiding in weight loss*. You will notice within a very short period of time how much better you will look and feel*. Many of my clients report not just feeling better but they begin to notice that even their skin takes on a glow!

Don't wait! Everyone young and old will benefit from the life giving nutrients, and healing properties in these herbs.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure or prevent any disease.